

First Church of Christ, Scientist, Chicago, IL
Wednesday, January 25, 2012

Topic: How does man rest in action?

Hymn 43
Hymn 93
Hymn 115

The Bible

Ps. 92:4

4For thou, Lord, hast made me glad through thy work: I will triumph in the works of thy hands.

Ps. 132:3-5

3Surely I will not come into the tabernacle of my house, nor go up into my bed;

4I will not give sleep to mine eyes, or slumber to mine eyelids,

5Until I find out a place for the Lord, an habitation for the mighty God of Jacob.

Prov. 6:9-11

9How long wilt thou sleep, O sluggard? when wilt thou arise out of thy sleep?

10Yet a little sleep, a little slumber, a little folding of the hands to sleep:

11So shall thy poverty come as one that travelleth, and thy want as an armed man.

Ps. 121:2-8

2My help cometh from the Lord, which made heaven and earth.

3He will not suffer thy foot to be moved: he that keepeth thee will not slumber.

4Behold, he that keepeth Israel shall neither slumber nor sleep.

5The Lord is thy keeper: the Lord is thy shade upon thy right hand.

6The sun shall not smite thee by day, nor the moon by night.

7The Lord shall preserve thee from all evil: he shall preserve thy soul.

8The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.

Isa. 5:26 he, 27

26he will lift up an ensign to the nations from far, and will hiss unto them from the end of the earth: and, behold, they shall come with speed swiftly:

27None shall be weary nor stumble among them; none shall slumber nor sleep; neither shall the girdle of their loins be loosed, nor the latchet of their shoes be broken:

Ex. 4:29-31

29¶And Moses and Aaron went and gathered together all the elders of the children of Israel:

30And Aaron spake all the words which the Lord had spoken unto Moses, and did the signs in the sight of the people.

31And the people believed: and when they heard that the Lord had visited the children of Israel, and that he had looked upon their affliction, then they bowed their heads and worshipped.

Ex. 5:1-22

1And afterward Moses and Aaron went in, and told Pharaoh, Thus saith the Lord God of Israel, Let my people go, that they may hold a feast unto me in the wilderness.

2And Pharaoh said, Who is the Lord, that I should obey his voice to let Israel go? I know not the Lord, neither will I let Israel go.

3And they said, The God of the Hebrews hath met with us: let us go, we pray thee, three days' journey into the desert, and sacrifice unto the Lord our God;

4And the king of Egypt said unto them, Wherefore do ye, Moses and Aaron, let the people from their works?

5Behold, the people of the land now are many, and ye make them rest from their burdens.

6And Pharaoh commanded the same day the taskmasters of the people, and their officers, saying,

7Ye shall no more give the people straw to make brick, as heretofore: let them go and gather straw for themselves.

8And the tale of the bricks, which they did make heretofore, ye shall lay upon them; ye shall not diminish ought thereof: for they be idle; therefore they cry, saying, Let us go and sacrifice to our God.

9Let there more work be laid upon the men, that they may labour therein; and let them not regard vain words.

10¶And the taskmasters of the people went out, and their officers, and they spake to the people, saying, Thus saith Pharaoh, I will not give you straw.

11Go ye, get you straw where ye can find it: yet not ought of your work shall be diminished.

12So the people were scattered abroad throughout all the land of Egypt to gather stubble instead of straw.

13And the taskmasters hasted them, saying, Fulfil your works, your daily tasks, as when there was straw.

14And the officers of the children of Israel, which Pharaoh's taskmasters had set over them, were beaten, and demanded, Wherefore have ye not fulfilled your task in making brick both yesterday and to day, as heretofore?

15¶Then the officers of the children of Israel came and cried unto Pharaoh, saying, Wherefore dealest thou thus with thy servants?

16There is no straw given unto thy servants, and they say to us, Make brick: and, behold, thy servants are beaten; but the fault is in thine own people.

17But he said, Ye are idle, ye are idle: therefore ye say, Let us go and do sacrifice to the Lord.

18Go therefore now, and work; for there shall no straw be given you, yet shall ye deliver the tale of bricks.

19And the officers of the children of Israel did see that they were in evil case, after it was said, Ye shall not minish ought from your bricks of your daily task.

20¶And they met Moses and Aaron, who stood in the way, as they came forth from Pharaoh:

21And they said unto them, The Lord look upon you, and judge; because ye have made our savour to be abhorred in the eyes of Pharaoh, and in the eyes of his servants, to put a sword in their hand to slay us.

22And Moses returned unto the Lord, and said, Lord, wherefore hast thou so evil entreated this people? why is it that thou hast sent me?

Ex. 6:1, 2

1Then the Lord said unto Moses, Now shalt thou see what I will do to Pharaoh: for with a strong hand shall he let them go, and with a strong hand shall he drive them out of his land.

2And God spake unto Moses, and said unto him, I am the Lord:

Ex. 14:31

31And Israel saw that great work which the Lord did upon the Egyptians: and the people feared the Lord, and believed the Lord, and his servant Moses.

Ps. 37:17-19 3rd the, 23-25, 35, 36, 40

17the Lord upholdeth the righteous.

18The Lord knoweth the days of the upright: and their inheritance shall be for ever.

19They shall not be ashamed in the evil time: and in the days of famine they shall be satisfied.

23The steps of a good man are ordered by the Lord: and he delighteth in his way.

24Though he fall, he shall not be utterly cast down: for the Lord upholdeth him with his hand.

25I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.

35I have seen the wicked in great power, and spreading himself like a green bay tree.

36Yet he passed away, and, lo, he was not: yea, I sought him, but he could not be found.

40And the Lord shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him.

Ex. 23:12

12Six days thou shalt do thy work, and on the seventh day thou shalt rest: that thine ox and thine ass may rest, and the son of thy handmaid, and the stranger, may be refreshed.

Ps 37: 7

Rest in the Lord, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.]

Ps. 62:12 unto

12unto thee, O Lord, belongeth mercy: for thou renderest to every man according to his work.

II Thess. 3:11-13, 16

11For we hear that there are some which walk among you disorderly, working not at all, but are busybodies.
 12Now them that are such we command and exhort by our Lord Jesus Christ, that with quietness they work, and eat their own bread.
 13But ye, brethren, be not weary in well-doing.
 16Now the Lord of peace himself give you peace always by all means. The Lord be with you all.
 I Thess. 4:11 study, 12
 11study to be quiet, and to do your own business, and to work with your own hands, as we commanded you;
 12That ye may walk honestly toward them that are without, and that ye may have lack of nothing.
 Ps. 77:12 will, 14
 12will meditate also of all thy work, and talk of thy doings.
 14Thou art the God that doest wonders: thou hast declared thy strength among the people.
 Ps. 90:16, 17
 16Let thy work appear unto thy servants, and thy glory unto their children.
 17And let the beauty of the Lord our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.
 I Cor. 3:13 (to ,)
 13Every man's work shall be made manifest: for the day shall declare it,
 II Cor. 9:8
 8And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:
 Phil. 1:3-6
 3I thank my God upon every remembrance of you,
 4Always in every prayer of mine for you all making request with joy,
 5For your fellowship in the gospel from the first day until now;
 6Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:

Science and Health with Key to the Scriptures

by Mary Baker Eddy

SH 519:25-520:2

God rests in action. Imparting has not impoverished, can never impoverish, the divine Mind. No exhaustion follows the action of this Mind, according to the apprehension of divine Science. The highest and sweetest rest, even from a human standpoint, is in holy work.

SH 249:5-9, 12-14

Let the "male and female" of God's creating appear. Let us feel the divine energy of Spirit, bringing us into newness of life and recognizing no mortal nor material power as able to destroy.

Let us rejoice that we are subject to the divine "powers that be." Mind is not the author of matter, and the creator of ideas is not the creator of illusions. Either there is no omnipotence, or omnipotence is the only power.

SH 250:14-19

Mortal body and mind are one, and that one is called man; but a mortal is not man, for man is immortal. A mortal may be weary or pained, enjoy or suffer, according to the dream he entertains in sleep. When that dream vanishes, the mortal finds himself experiencing none of these dream-sensations.

SH 250:28-30

Upon this stage of existence goes on the dance of mortal mind. Mortal thoughts chase one another like snowflakes, and drift to the ground.

SH 31:14-22

It is the living Christ, the practical Truth, which makes Jesus "the resurrection and the life" to all who follow him in deed. Obeying his precious precepts, — following his demonstration so far as we apprehend it, — we drink of his cup, partake of his bread, are baptized with his purity; and at last we shall rest, sit down with him, in a full understanding of the divine Principle which triumphs over death.

SH 79:19-20

Jesus did his own work by the one Spirit. He said: "My Father worketh hitherto, and I work."

SH 426:14-16

Man should renew his energies and endeavors, and see the folly of hypocrisy, while also learning the necessity of working out his own salvation. SH 3:12-16

The Divine Being must be reflected by man, — else man is not the image and likeness of the patient, tender, and true, the One "altogether lovely;" but to understand God is the work of eternity, and demands absolute consecration of thought, energy, and desire.

SH 79:23-80:3

The unscientific practitioner says: "You are ill. Your brain is overtaxed, and you must rest. Your body is weak, and it must be strengthened. You have nervous prostration, and must be treated for it."

Science objects to all this, contending for the rights of intelligence and asserting that Mind controls body and brain. Mind-science teaches that mortals need "not be weary in well doing." It dissipates fatigue in doing good. Giving does not impoverish us in the service of our Maker, neither does withholding enrich us. We have strength in proportion to our apprehension of the truth, and our strength is not lessened by giving utterance to truth.

SH 384:30-385:18

Sickness, sin, and death must at length quail before the divine rights of intelligence, and then the power of Mind over the entire functions and organs of the human system will be acknowledged.

It is proverbial that Florence Nightingale and other philanthropists engaged in humane labors have been able to undergo without sinking fatigues and exposures which ordinary people could not endure. The explanation lies in the support which they derived from the divine law, rising above the human. The spiritual demand, quelling the material, supplies energy and endurance surpassing all other aids, and forestalls the penalty which our beliefs would attach to our best deeds. Let us remember that the eternal law of right, though it can never annul the law which makes sin its own executioner, exempts man from all penalties but those due for wrong-doing. Constant toil, deprivations, exposures, and all untoward conditions, *if without sin*, can be experienced without suffering. Whatever it is your duty to do, you can do without harm to yourself.

SH 249:18-30

Life is, like Christ, "the same yesterday, and to-day, and forever." Organization and time have nothing to do with Life. You say, "I dreamed last night." What a mistake is that! The I is Spirit. God never slumbers, and His likeness never dreams. Mortals are the Adam dreamers. Sleep and apathy are phases of the dream that life, substance, and intelligence are material.

SH 223:25-28

Peals that should startle the slumbering thought from its erroneous dream are partially unheeded; but the last trump has not sounded, or this would not be so.

SH 252:4-14

Human ignorance of Mind and of the recuperative energies of Truth occasions the only skepticism regarding the pathology and theology of Christian Science. When false human beliefs learn even a little of their own falsity, they begin to disappear. A knowledge of error and of its operations must precede that understanding of Truth which destroys error, until the entire mortal, material error finally disappears, and the eternal verity, man created by and of Spirit, is understood and recognized as the true likeness of his Maker.

SH 387:4-12

Who dares to say that actual Mind can be overworked? When we reach our limits of mental endurance, we conclude that intellectual labor has been carried sufficiently far; but when we realize that immortal Mind is ever active, and that spiritual energies can neither wear out nor can so-called material law trespass upon God-given powers and resources, we are able to rest in Truth, refreshed by the assurances of immortality, opposed to mortality.

SH 218:7-8

The consciousness of Truth rests us more than hours of repose in unconsciousness.

SH 217:19-28

When mentality gives rest to the body, the next toil will fatigue you less, for you are working out the problem of being in divine metaphysics; and in proportion as you understand the control which Mind has over so-called matter, you will be able to demonstrate this control. The scientific and permanent remedy for fatigue is to learn the power of Mind over the body or any illusion of physical weariness, and so destroy this illusion, for matter cannot be weary and heavy-laden.